

**Honors Specialization in Kinesiology
Clinical Kinesiology (BA)**

5.0 1000 level credits including Kin 1050A/B, 1060A/B, 1070A/, 1080A/B, and Physiology 1021.

Kin 1050A/B Social Foundations of Kinesiology	Kin 1060A/B Functional Human Gross Anatomy	Kin 1070A/B Psychology of Human Movement Science
Kin 1080A/B Psychomotor Behaviour	Physiology 1021	0.5 Statistics credit from: Stats 1023A/B, Stats 1024A/B, Data Science 1000A/B

2.0 Kinesiology credits taken in year 2.

Kin 2032A/B Research Design in Human Movement Science	Kin 2230A/B Exercise Physiology
Kin 2236A/B Athletic Injuries	Kin 2241A/B Biomechanics

1.0 Kinesiology credits taken in year 3.

Kin 3402A/B Introduction to Clinical Kinesiology	Kin 3412A/B Exercise for Specific Populations: Chronic Disease
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1.5 Kinesiology credits.

Kin 3222A/B Anatomy of the Human Body	Kin 3336A/B An Introduction of the Practical Aspects of Athletic Injuries	Kin 3337A/B Physiology of Fitness Appraisal
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0.5 Kinesiology credits.

Kin 2292F/G Critical Thinking and Ethics in Kinesiology	Kin 3490F/G Professional Ethics in Kinesiology
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1.0 Kinesiology credits. Must be taken in year 2.

Kin 2980A/B Special Topics in Movement Skills	Kin 2981A/B Special Topics in Movement Skills	Kin 2991A/B Coaching and Sport Leadership
Kin 2992A/B Fitness Assessment and Strength Training	Kin 2993A/B Lifestyle, Individual, Fitness and Exercise	Kin 2994A/B Specific Populations Healthy Engagement Rehabilitation & Exercise

1.0 Kinesiology credits from the list below.

Kin 2276F/G Psychology of Exercise	Kin 3330F/G Laboratory in Exercise Physiology	Kin 3339A/B Exercise Nutrition
Kin 3341A/B Biomechanical Analysis of Physical Activity	Kin 3353A/B Biomechanical Analysis of Human Locomotion	Kin 3457A/B Cognitive Ergonomics
Kin 3476F/G Exercise and Health Behaviour Change	Kin 3480A/B Movement Neuroscience	Kin 3495A/B Practical Aspects of Strength and Conditioning for High Performance
Kin 3550A/B Kinesiology at Work	Kin 4259A/B Legal Issues in Kinesiology	Kin 4276A/B Psychology of Body and Movement
Kin 4420A/B Impact of Exercise During Pregnancy on Chronic Disease Risk	Kin 4432A/B Physiology of Exercise	Kin 4437A/B Medical Issues in Exercise and Sport
Kin 4477A/B Exercise, Nutrition and Wellness	Kin 4480A/B Exercise Neuroscience	Kin 4520A/B Clinical Biomechanics
Kin 4560A/B Advanced Topics in Musculoskeletal Rehabilitation		

1.0 Kinesiology credits taken in 4th year.

Kin 4590 Clinical Kinesiology Placement

1.5 Kinesiology credits taken in year 4.

Kin 4412A/B Exercise for Specific Populations: Impairment and Aging	Kin 4422A/B Entrepreneurship and Technology in Clinical Kinesiology	Kin 4433A/B Physiology of Exercise Training
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5.5 External Electives taken in years 2 through 4.

NOTE: A maximum 1.0 Kinesiology/Dance credits can be used towards this requirement.

Don't Forget!

Complete Standard First Aid and CPR level C by the end of year 2
Make sure you have at least 2.0 essay credits (F/G/E). NOTE: A maximum of 1.0 can be at the 1000 level.
Make sure you have at least 1.0 credits designated Category B (Arts and Humanities).
Make sure you have a minimum of 5.0 1000 level credits. DO NOT exceed 7.0 1000 level credits!
Make sure you have a minimum of 1.0 Kinesiology courses at the 4000 level.

Kinesiology Credit Counter

		EXAMPLE
Kinesiology 1050A/B, 1060A/B, 1070A/B, 1080A/B	2.0	2.0
Senior Kinesiology Courses		9.5
Total		11.5

Requirement: Minimum = 11.5 and Maximum = 12.5